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# Vertebrobasilar insufficiency

## Insuffisance vertébro-basilaire : évaluation de l'acupuncture

### 1. Systematic Reviews and Meta-Analysis

#### 1.1. Chen 2009

Chen Wen, Ma Wei-Ping, Yu Hai-hong, et al. [Meta-analysis on Acupuncture and Moxibustion for Treatment of Vertebrobasilar insufficiency]. Chinese Journal of Information on Traditional Chinese Medicine. 2009;16(8):107. [165974].

<b>Objectives</b>	To assess the effectiveness and safety of acupuncture and moxibustion for treatment of vertebrobasilar insufficiency (VEI).
<b>Methods</b>	Randomized controlled trials (RCTs) of VBI treated by acupuncture and moxibustion were collected. 8 RCTs were included and assessed. The data was statistically analyzed by Meta-analysis and Funnel plot analysis.
<b>Results</b>	8 RCTs were all trials of low methodological quality. Meta-analysis indicated after combination OR=4.36, confidence interval of 95% was 2.88-7.45. The rhombus was located at the right side of the median Line (Z=6.33, P<0.00001), the therapeutic effect in the treatment group was significantly higher than that of the control group. Funnel plot analysis showed skew distribution, indicating the publication bias.
<b>Conclusion</b>	The Meta-analysis review showed that acupuncture and moxibustion is effective for VBI. However, the evidence is not strong due to the general low methodological quality.

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