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# pain in pregnant women

## Douleurs chez la femme enceinte : évaluation de l'acupuncture

### 1. Systematic Reviews and Meta-Analysis

#### 1.1. Generic acupuncture

#### 1.2. Formes cliniques

##### 1.2.1. Pelvic and Back Pain in Pregnancy

see [corresponding item](#)

##### 1.2.2. Pain in Labour

see [corresponding item](#)

### 2. Clinical Practice Guidelines

⊕ positive recommendation (regardless of the level of evidence reported)  
∅ negative recommendation (or lack of evidence)

#### 2.1. Royal College of Obstetricians and Gynaecologists 2019 ⊕

Bisson DL, Newell SD, Laxton C, on behalf of the Royal College of Obstetricians and Gynaecologists. Antenatal and Postnatal Analgesia. BJOG. 2019;126:E115-24. [197573].

Non-pharmacological interventions should be considered first line; for example, adequate rest, hot and cold compresses, massage, **acupuncture**, physiotherapy, relaxation and exercise.

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