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# Classification des zheng

## 1. ICD-11 Traditional medicine patterns (WHO 2019)

### 1.1. Principle-based patterns

<b>SE70</b>	Yang pattern
<b>SE71</b>	Yin pattern
<b>SE72</b>	Heat pattern
<b>SE73</b>	Cold pattern
<b>SE74</b>	Excess pattern
<b>SE75</b>	Deficiency pattern
<b>SE76</b>	Exterior pattern
<b>SE77</b>	Interior pattern
<b>SE78</b>	Moderate (Heat/Cold) pattern
<b>SE79</b>	Medium (Excess/Deficiency) pattern
<b>SE7A</b>	Tangled cold and heat pattern
<b>SE7Y</b>	Other specified principle-based patterns
<b>SE7Z</b>	Principle-based patterns, unspecified

### 1.2. Environmental factor patterns

<b>SE80</b>	Wind factor pattern
<b>SE81</b>	Cold factor pattern
<b>SE82</b>	Dampness factor pattern
<b>SE83</b>	Dryness factor pattern
<b>SE84</b>	Fire-heat factor pattern
<b>SE85</b>	Summer-heat factor pattern
<b>SE86</b>	Pestilent factor pattern
<b>SE8Y</b>	Other specified environmental factor patterns
<b>SE8Z</b>	Environmental factor patterns, unspecified

### 1.3. Body constituents patterns

#### 1.3.1. Qi patterns

<b>SE90</b>	Qi deficiency pattern
<b>SE91</b>	Qi stagnation pattern
<b>SE92</b>	Qi uprising pattern
<b>SE93</b>	Qi sinking pattern
<b>SE94</b>	Qi collapse pattern
<b>SE9Y</b>	Other specified qi patterns
<b>SE9Z</b>	Qi patterns, unspecified

### 1.3.2. Blood patterns

<b>SF00</b>	Blood deficiency pattern
<b>SF01</b>	Blood stasis pattern
<b>SF02</b>	Blood heat pattern
<b>SF03</b>	Blood cold pattern
<b>SF04</b>	Blood dryness pattern
<b>SF0Y</b>	Other specified blood patterns
<b>SF0Z</b>	Blood patterns, unspecified

### 1.3.3. Fluid patterns

<b>SF10</b>	Fluid deficiency pattern
<b>SF11</b>	Fluid disturbance pattern
<b>SF12</b>	Dry-phlegm pattern
<b>SF13</b>	Damp phlegm pattern
<b>SF14</b>	Phlegm-fire harassing the heart system pattern
<b>SF15</b>	Wind-phlegm pattern
<b>SF1Y</b>	Other specified fluid patterns
<b>SF1Z</b>	Fluid patterns, unspecified

### 1.3.4. Essence patterns

<b>SF20</b>	Essence deficiency pattern
<b>SF2Y</b>	Other specified essence patterns
<b>SF2Z</b>	Essence patterns, unspecified

### 1.3.5. Other specified body constituents patterns

<b>SF4Y</b>	Other specified body constituents patterns
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### 1.3.6. Body constituents patterns, unspecified

<b>SF4Z</b>	Body constituents patterns unspecified
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## 1.4. Organ system patterns

### 1.4.1. Liver system patterns

<b>SF50</b>	Liver yin deficiency pattern
<b>SF51</b>	Liver yang deficiency pattern
<b>SF52</b>	Liver yang ascendant hyperactivity pattern
<b>SF53</b>	Liver qi deficiency pattern
<b>SF54</b>	Liver blood deficiency pattern
<b>SF55</b>	Liver depression and blood stasis pattern
<b>SF56</b>	Liver wind stirring the interior pattern
<b>SF57</b>	Liver qi stagnation pattern
<b>SF58</b>	Liver fire flaming upward pattern
<b>SF59</b>	Liver heat stirring wind pattern

<b>SF5A</b>	Liver-gallbladder dampness-heat pattern
<b>SF5B</b>	Liver meridian dampness-heat pattern
<b>SF5C</b>	Liver meridian cold stagnation pattern
<b>SF5D</b>	Gallbladder qi deficiency pattern
<b>SF5E</b>	Gallbladder depression with phlegm harassment pattern
<b>SF5F</b>	Gallbladder heat pattern
<b>SF5G</b>	Gallbladder cold pattern
<b>SF5H</b>	Liver and kidney yin deficiency pattern
<b>SF5J</b>	Disharmony of liver and spleen systems pattern
<b>SF5K</b>	Disharmony of liver and stomach systems pattern
<b>SF5L</b>	Liver fire invading the stomach system pattern
<b>SF5M</b>	Liver fire invading the lung system pattern
<b>SF5Y</b>	Other specified liver system patterns
<b>SF5Z</b>	Liver system patterns, unspecified

#### 1.4.2. Heart system patterns

<b>SF60</b>	Heart qi deficiency pattern
<b>SF61</b>	Heart blood deficiency pattern
<b>SF62</b>	Dual deficiency of heart qi and blood pattern
<b>SF63</b>	Heart meridian obstruction pattern
<b>SF64</b>	Heart yin deficiency pattern
<b>SF65</b>	Deficiency of heart qi and yin pattern
<b>SF66</b>	Heart yang deficiency pattern
<b>SF67</b>	Heart yang collapse pattern
<b>SF68</b>	Heart fire flaming upward pattern
<b>SF69</b>	Fire harassing heart spirit pattern
<b>SF6A</b>	Water qi intimidating the heart system pattern
<b>SF6B</b>	Heart spirit restlessness pattern
<b>SF6C</b>	Anxiety damaging the spirit pattern
<b>SF6D</b>	Small intestine qi stagnation pattern
<b>SF6E</b>	Small intestine excess heat pattern
<b>SF6F</b>	Small intestine deficiency cold pattern
<b>SF6G</b>	Heart and liver blood deficiency pattern
<b>SF6H</b>	Heart and gallbladder qi deficiency pattern
<b>SF6J</b>	Heart and spleen systems deficiency pattern
<b>SF6K</b>	Heart and lung qi deficiency pattern
<b>SF6L</b>	Heart and kidney systems disharmony pattern
<b>SF6M</b>	Heart and kidney yang deficiency pattern
<b>SF6Y</b>	Other specified heart system patterns
<b>SF6Z</b>	Heart system patterns, unspecified

#### 1.4.3. Spleen system patterns

<b>SF70</b>	Spleen qi deficiency pattern
<b>SF71</b>	Spleen qi sinking pattern
<b>SF72</b>	Spleen deficiency with qi stagnation pattern

<b>SF73</b>	Spleen deficiency with food retention pattern
<b>SF74</b>	Spleen failing to control the blood pattern
<b>SF75</b>	Spleen deficiency and blood depletion pattern
<b>SF76</b>	Spleen yin deficiency pattern
<b>SF77</b>	Spleen yang deficiency pattern
<b>SF78</b>	Dampness-heat encumbering the spleen system pattern
<b>SF79</b>	Spleen deficiency with dampness accumulation pattern
<b>SF7A</b>	Spleen deficiency with water flooding pattern
<b>SF7B</b>	Cold-dampness encumbering the spleen system pattern
<b>SF7C</b>	Stomach qi deficiency pattern
<b>SF7D</b>	Stomach qi uprising pattern
<b>SF7E</b>	Stomach yin deficiency pattern
<b>SF7F</b>	Stomach heat pattern
<b>SF7G</b>	Dampness in the intestines pattern
<b>SF7H</b>	Cold invading the stomach system pattern
<b>SF7J</b>	Intestine cold stagnation pattern
<b>SF7K</b>	Anxiety damaging the spleen system pattern
<b>SF7L</b>	Lung and spleen deficiency pattern
<b>SF7M</b>	Spleen and kidney yang deficiency pattern
<b>SF7Y</b>	Other specified spleen system patterns
<b>SF7Z</b>	Spleen system patterns, unspecified

#### 1.4.4. Lung system patterns

<b>SF80</b>	Lung qi deficiency pattern
<b>SF81</b>	Lung yin deficiency pattern
<b>SF82</b>	Lung and kidney yin deficiency pattern
<b>SF83</b>	Lung qi and yin deficiency pattern
<b>SF84</b>	Lung yang deficiency pattern
<b>SF85</b>	Cold phlegm obstructing the lung pattern
<b>SF86</b>	Turbid phlegm accumulation in the lung pattern
<b>SF87</b>	Exterior cold with lung heat pattern
<b>SF88</b>	Intense congestion of lung heat pattern
<b>SF89</b>	Phlegm heat obstructing the lung pattern
<b>SF8A</b>	Wind-heat invading the lung pattern
<b>SF8B</b>	Lung heat transmitting into the intestine pattern
<b>SF8C</b>	Wind-cold fettering the lung pattern
<b>SF8D</b>	Dryness invading the lung pattern
<b>SF8E</b>	Lung dryness with intestinal obstruction pattern
<b>SF8F</b>	Large intestine excess heat pattern
<b>SF8G</b>	Large intestine dampness heat pattern
<b>SF8H</b>	Large intestine fluid deficiency pattern
<b>SF8J</b>	Large intestine deficiency cold pattern
<b>SF8Y</b>	Other specified lung system patterns
<b>SF8Z</b>	Lung system patterns, unspecified

### 1.4.5. Kidney system patterns

<b>SF90</b>	Kidney qi deficiency pattern
<b>SF91</b>	Kidney failing to receive qi pattern
<b>SF92</b>	Kidney qi deficiency with water retention pattern
<b>SF93</b>	Kidney yin deficiency pattern
<b>SF94</b>	Kidney yin and yang deficiency pattern
<b>SF95</b>	Kidney deficiency with marrow depletion pattern
<b>SF96</b>	Kidney essence deficiency pattern
<b>SF97</b>	Kidney yang deficiency pattern
<b>SF98</b>	Fear damaging the kidney system pattern
<b>SF99</b>	Blood and heat accumulation in the uterus pattern
<b>SF9A</b>	Phlegm obstructing the uterus pattern
<b>SF9B</b>	Dampness-heat in the uterus pattern
<b>SF9C</b>	Cold stagnation in the uterus pattern
<b>SF9D</b>	Uterine deficiency cold pattern
<b>SF9E</b>	Blood accumulation in the bladder pattern
<b>SF9F</b>	Bladder heat accumulation pattern
<b>SF9G</b>	Bladder dampness-heat pattern
<b>SF9H</b>	Bladder water accumulation pattern
<b>SF9J</b>	Bladder deficiency cold pattern
<b>SF9Y</b>	Other specified kidney system patterns
<b>SF9Z</b>	Kidney system patterns, unspecified

### 1.4.6. Other specified organ system patterns

<b>SG1Y</b>	Other specified organ system patterns
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### 1.4.7. Organ system patterns, unspecified

<b>SG1Z</b>	Organ system patterns, unspecified
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## 1.5. Meridian and collateral patterns

### 1.5.1. Main Meridian Patterns

<b>SG20</b>	Lung meridian pattern
<b>SG21</b>	Large intestine meridian pattern
<b>SG22</b>	Stomach meridian pattern
<b>SG23</b>	Spleen meridian pattern
<b>SG24</b>	Heart meridian pattern
<b>SG25</b>	Small intestine meridian pattern
<b>SG26</b>	Bladder meridian pattern
<b>SG27</b>	Kidney meridian pattern
<b>SG28</b>	Pericardium meridian pattern
<b>SG29</b>	Triple energizer meridian pattern
<b>SG2A</b>	Gallbladder meridian pattern

<b>SG2B</b>	Liver meridian pattern
<b>SG2Y</b>	Other specified main Meridian Patterns
<b>SG2Z</b>	Main Meridian Patterns, unspecified

### 1.5.2. Extra Meridian Patterns

<b>SG30</b>	Governor vessel pattern
<b>SG31</b>	Conception vessel pattern
<b>SG32</b>	Yin heel vessel pattern
<b>SG33</b>	Yang heel vessel pattern
<b>SG34</b>	Yin link vessel pattern
<b>SG35</b>	Yang link vessel pattern
<b>SG36</b>	Thoroughfare vessel pattern
<b>SG37</b>	Belt vessel pattern
<b>SG3Y</b>	Other specified extra Meridian Patterns
<b>SG3Z</b>	Extra Meridian Patterns, unspecified

### 1.5.3. Other specified meridian and collateral patterns

<b>SG5Y</b>	Other specified meridian and collateral patterns
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### 1.5.4. Meridian and collateral patterns, unspecified

<b>SG5Z</b>	Meridian and collateral patterns, unspecified
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## 1.6. Six stage patterns

<b>SG60</b>	Early yang stage pattern
<b>SG61</b>	Middle yang stage pattern
<b>SG62</b>	Late yang stage pattern
<b>SG63</b>	Early yin stage pattern
<b>SG64</b>	Middle yin stage Pattern
<b>SG65</b>	Late Yin stage Patterns
<b>SG6Y</b>	Other specified six stage patterns
<b>SG6Z</b>	Six stage patterns, unspecified

## 1.7. Triple energizer stage patterns

<b>SG70</b>	Upper energizer stage patterns
<b>SG71</b>	Middle energizer stage patterns
<b>SG72</b>	Lower energizer stage patterns
<b>SG7Y</b>	Other specified triple energizer stage patterns
<b>SG7Z</b>	Triple energizer stage patterns, unspecified

## 1.8. Four phase patterns

### 1.8.1. Defense phase patterns

<b>SG80</b>	Dampness obstructing the defense yang pattern
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<b>SG81</b>	Heat attacking the lung defense pattern
<b>SG8Y</b>	Other specified defense phase patterns
<b>SG8Z</b>	Defense phase patterns, unspecified

### 1.8.2. Qi phase patterns

<b>SG90</b>	Heat entering the qi phase pattern
<b>SG91</b>	Qi phase dampness and heat pattern
<b>SG92</b>	Dampness obstructing the qi phase pattern
<b>SG9Y</b>	Other specified qi phase patterns
<b>SG9Z</b>	Qi phase patterns, unspecified

### 1.8.3. Nutrient phase patterns

<b>SH00</b>	Nutrient qi and defense qi disharmony pattern
<b>SH01</b>	Heat in the nutrient phase pattern
<b>SH02</b>	Heat entering the nutrient and blood phase pattern
<b>SH0Y</b>	Other specified nutrient phase patterns
<b>SH0Z</b>	Nutrient phase patterns, unspecified

### 1.8.4. Blood phase patterns

<b>SH10</b>	Blood phase pattern
<b>SH11</b>	Heat entering the blood phase pattern
<b>SH1Y</b>	Other specified blood phase patterns
<b>SH1Z</b>	Blood phase patterns (TM1), unspecified

### 1.8.5. Other specified four phase patterns

<b>SH3Y</b>	Other specified four phase patterns
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### 1.8.6. Four phase patterns, unspecified

<b>SH3Z</b>	Four phase patterns, unspecified
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## 1.9. Four constitution medicine patterns

### 1.9.1. Large yang type patterns

<b>SH40</b>	Large yang type exterior origin lower back pattern
<b>SH41</b>	Large yang type interior origin small intestine pattern
<b>SH42</b>	Large yang type exterior interior combined pattern
<b>SH4Y</b>	Other specified large yang type patterns
<b>SH4Z</b>	Large yang type patterns, unspecified

### 1.9.2. Small yang type patterns

	<b>SH50</b>	Small yang type lesser yang wind damage pattern
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<b>SH51</b>	Small yang type yin depletion pattern
<b>SH52</b>	Small yang type chest heat congested pattern
<b>SH53</b>	Small yang type yin deficit pattern
<b>SH54</b>	Small yang type exterior interior combined pattern
<b>SH5Y</b>	Other specified small yang type patterns
<b>SH5Z</b>	Small yang type patterns, unspecified

### 1.9.3. Large yin type patterns

<b>SH60</b>	Large yin type supraspinal exterior pattern
<b>SH61</b>	Large yin type esophagus cold pattern
<b>SH62</b>	Large yin type liver heat pattern
<b>SH63</b>	Large yin type dryness heat pattern
<b>SH64</b>	Large yin type exterior Interior combined pattern
<b>SH6Y</b>	Other specified large yin type patterns
<b>SH6Z</b>	Large yin type patterns, unspecified

### 1.9.4. Small yin type patterns

<b>SH70</b>	Small yin type congestive hyperpsychotic pattern
<b>SH71</b>	Small yin type yang depletion pattern
<b>SH72</b>	Small yin type greater yin pattern
<b>SH73</b>	Small yin type lesser yin pattern
<b>SH74</b>	Small yin type exterior interior combined pattern
<b>SH7Y</b>	Other specified small yin type patterns
<b>SH7Z</b>	Small yin type patterns, unspecified

### 1.9.5. Other specified four constitution medicine patterns

<b>SH9Y</b>	Other specified four constitution medicine patterns
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### 1.9.6. Four constitution medicine patterns, unspecified

<b>SH9Z</b>	Four constitution medicine patterns, unspecified
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## 1.10. Other specified traditional medicine patterns

<b>SJ1Y</b>	Other specified traditional medicine patterns
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### 1.11. Traditional medicine patterns, unspecified

<b>SJ1Z</b>	Traditional medicine patterns, unspecified
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## 2. Références

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