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# Neurovascular Headache

## Céphalées neurovasculaires: évaluation de l'acupuncture

### 1. Systematic Reviews and Meta-Analysis

#### 1.1. Zhao 2011 ☆

Zhao L, Guo Y, Wang W, Yan Lj. Systematic review on randomized controlled clinical trials of acupuncture therapy for neurovascular headache. Chinese Journal of Integrated Medicine. 2011;17(8):580-6. [158541]

<b>Objective</b>	To evaluate the effectiveness of acupuncture as a treatment for neurovascular headache and to analyze the current situation related to acupuncture treatment.
<b>Methods</b>	PubMed database (1966-2010), EMBASE database (1986-2010), Cochrane Library (Issue 1, 2010), Chinese Biomedical Literature Database (1979-2010), China HowNet Knowledge Database (1979-2010), VIP Journals Database (1989-2010), and Wanfang database (1998-2010) were retrieved. Randomized or quasi-randomized controlled studies were included. The priority was given to high-quality randomized, controlled trials. Statistical outcome indicators were measured using RevMan 5.0.20 software.
<b>Results</b>	A total of <b>16 articles and 1 535 cases</b> were included. Meta-analysis showed a significant difference between the acupuncture therapy and Western medicine therapy [combined RR (random efficacy model)=1.46, 95% CI (1.21, 1.75), Z=3.96, P<0.0001], indicating an obvious superior effect of the acupuncture therapy; significant difference also existed between the comprehensive acupuncture therapy and acupuncture therapy alone [combined RR (fixed efficacy model)=3.35, 95% CI (1.92, 5.82), Z=4.28, P<0.0001], indicating that acupuncture combined with other therapies, such as points injection, scalp acupuncture, auricular acupuncture, etc., were superior to the conventional body acupuncture therapy alone.
<b>Conclusions</b>	The inclusion of limited clinical studies had verified the efficacy of acupuncture in the treatment of neurovascular headache. <b>Although acupuncture or its combined therapies provides certain advantages, most clinical studies are of small sample sizes.</b> Large sample size, randomized, controlled trials are needed in the future for more definitive results.

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